

FLAWSOME IMAGE

• ENERGY IS EVERYTHING •
• EVERYTHING IS ENERGY •

A One Stop Solution for All Your Training Needs



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www.flawsomeimage.com

INTRODUCTION

ABOUT THE FOUNDER

A versatile, analytical, and energetic individual who firmly believes that 'energy' is the centrality of our being.

After a 13-year stint with Air India, she pursued her passion, obtaining an international certification from Blair Singer. Her specialization lies in fostering positive transformations in body and self-image through experiential energy activities.

Conducting Firewalks, broken glasswalks, and Nail bed walks, she aims to eliminate limiting beliefs of the mind.

In 2022, she successfully introduced the drum circle as a well-received tool for stress management and self-expression, bringing out high energy in participants.

YOU'RE OUR PRIORITY



OUR MISSION

Empowering individuals to strategically plan, boldly execute, and truly prosper in every facet of their lives.

OUR VISION

Our vision is to be a leading provider of innovative and impactful training solutions that empower individuals and organizations to achieve their full potential. We strive to create a learning environment that fosters growth, development and transformation, while delivering exceptional value and measurable results.



OUR SERVICE

LEADERSHIP TRAINING

- Mindfulness & Accountability
- Communication & Conflict Resolution
- Assertiveness and Delegation
- Employee Engagement & Retention

OUTBOUND TRAINING

- Team building activities
- Leadership activities
- Breaking Barriers

LIFE SKILLS TRAINING

- Verbal and Non-Verbal communication
- Analytical and Critical Thinking
- Conflict Resolution
- Goal Setting
- Team building
- Time and Stress Management
- Leadership

PERSONAL BRANDING

- Appearance
- Body Language
- Communication
- Dressing Etiquette

We have conducted training for colleges, corporates and small firms on life skill topics by designing content after doing a thorough training need analysis that helps to reduce health-risk behavior that impacts productivity and profitability.

OUTBOUND TRAINING

They are designed to bring out the qualities of leadership and ownership through activities such as negotiation, conflict resolution, creative thinking, communication, and stress handling. Team building activities are designed to bring out competitive and collaborative strategies while also demonstrating how to handle success and failure.

DETAILS OF THE PROGRAM

An outbound program involves high-energy games that require participants to perform to the best of their abilities. Typically, an entire day session lasts for a maximum of 7 hours and a minimum of 4 hours.

- The briefing will be for approximately 5 mins. The activity involves them strategizing and executing which takes approximately 30 mins and the debrief will be for another 10 mins.
- A half-day program of 4 hours will consist of about 6 team activities and an ice-breaker. (with or without a broken glass walk / nail bed walk)
- A full day program will be for approximately 8 hours and will have 9 activities, 2 energizers which will end with or without a fire walk



PERSONAL BRANDING

We conduct customized training on dressing Dressing should be

- Appropriate
- Attractive
- Authentic
- Affordable

Knowing your body shape and suitable colours to buy fitting outfits is essential.

We conduct communication and general etiquette training, including dining, to help them make a lasting first impression.



FIRE AND GLASS WALK

We conduct fire walk and glass walk for employees to unleash their potential and experience a paradigm shift.



TRAINING SESSION EVALUATION

We conduct an elaborate training need analysis where we identify the gap between the employees and the areas of improvement. We then customise the modules according to the needs and use NLP Techniques and the Experiential Learning process to make it easier for the participants to understand and apply the skills.

We use the Donald Kirkpatrick mode for a training session evaluation, involving four stages as follows:-

TRAINING SESSION EVALUATION

Reaction 01

Reaction of the Trainee - Thoughts and feelings of the participants about the training

Learning 02

Learning - Increase in knowledge or understanding as a result of the training

Behavior 03

Behavior - Extent of change in behavior, attitude or capability

Results 04

Results - Effect on the company's bottom line as a result of the training



CERTIFICATIONS



**Train The Trainer certification
accredited by NABET**



**Soft Skill certification
accredited by SQA**



**NLP Basic and NLP
Practitioner**



**Train The Trainer by Blair
Singer**



**Game Oriented Accelerated
Learning by IIPE**

CLIENT LIST

- NOVA FERTILITY CLINIC
- CIBELES PHARMACEUTICALS
- MICHELIN TYRES
- METRIQE SOLUTIONS
- GPS PROCUREMENT INDIA
- OSM MARITIME
- UCO BANK
- GG ORGANICS
- THIRUTHANGAL NADAR COLLEGE
- DUNCO PLASTIC
- GGSH
- DCB BANK
- REMO INTERNATIONAL COLLEGE
- PAYPAL
- SUNRISE TEA
- VELAMMAL ENGINEERING COLLEGE
- ITECH INDIA
- OTECH
- GLOBAL HEALTHCARE
- LOYOLA COLLEGE (LICET)
- HDFC MUTUAL FUND
- FINTERIORS
- ROYAL SUNDARAM HEALTH INSURANCE LTD
- INDIAN OIL CORPORATION LIMITED
- MADRAS SCHOOL OF SOCIAL WORK (MSSW)
- FLIPKART
- FERTY9
- KAAR TECHNOLOGIES
- MH COCKPIT
- SOFTBORNE TECHNOLOGY SOLUTIONS PVT LTD
- DELOITTE
- GE



THANK YOU

Thank you for visiting my profile! If you have any inquiries, collaborations, or just want to connect, feel free to reach out. I appreciate your interest and look forward to engaging with you. Don't forget to follow for updates and stay connected!

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